

Overview

Pikey Peak Trek Overview

Pikey Peak Trek is a perfect choice if you are looking for a week-long trek that is not at a very high altitude but still offers a great trekking holiday experience. The Pikey Peak trek in the Khumbu district, the lower Mount Everest region close to the capital city of Nepal, Kathmandu, is often an excellent (less discovered) route. If you are fit and fine or under a time restriction, you can simply shorten this trek and craft the short itinerary of 5-6 days. But a more well-off 7-day plan permits you physical effort without the strain and an opportunity to go to a variety of Buddhist sites (monasteries, gompas, and stupas).

Both itineraries give wonderful views of the Numbur Himal and Mount Everest. But is it the simplest read of Mount Everest in Nepal? You'll have to see for yourself. Take it slow enjoying the unparalleled scenery by adding a couple of days on the Pikey Peak trek.

This itinerary permits a better pace and is compatible with trekkers for those who don't desire the additional physical challenge that the 3-day choice needs.

Getting there and out:

You have three options to get there. 1) The first option is to take a local sharing jeep or rent a private vehicle, depending on the number of people in your group. 2) There are flights to Phaplu from Kathmandu that cost USD 158 per head. 3) Thirdly, you can take a local bus to Jiri from Kathmandu and follow the classic [Jiri Everest Base Camp route](#) till Bhandar, then follow the Pikey Peak route, leaving the EBC Trek route at Bhandar.

Outline Itinerary

Day 1: Kathmandu to Dhap (250km | 8-9 hrs drive)

- Pick from the hotel and scenic drive from Kathmandu to Dhap. (Departure 4:30AM)
- Overnight stay in a teahouse.

Day 2: Trek to Dhapre (2,820m | 5-6 hrs walk)

- Begin trekking through beautiful landscapes.
- Overnight in a teahouse.

Day 3: Trek to Pikey Peak Base Camp (3,540m | 5-6 hrs walk)

- Ascend through forests and meadows.
- Overnight at the base camp teahouse.

Day 4: Pikey Peak to Junbesi (2,567m | Long descent)

- Early morning hike to Pikey Peak for sunrise views (optional).
- Long downhill trek to Junbesi.
- Overnight in a trekking lodge.

Day 5: Junbesi to Phaplu/Salleri (2,364m | 5-6 hrs walk)

- Morning visit to Thubtenchoeling Gumpa.
- Trek to Phaplu or Salleri.
- Overnight in a trekking lodge.

Day 6: Salleri to Kathmandu (300km | 10-11 hrs jeep ride)

- Take a local jeep back to Kathmandu.
- Trip concludes upon arrival.

7 Days Itinerary for comfortable pace interested plan.

Day 01: Drive to Dhap (2850m), a 7-8 hrs drive.

Day 02: Trek to Jhapre (2250m), 5-6 hrs trek.

Day 03: Trek to Bulbule (2940m) 5 hrs trek.

Day 04: Trek to Pikey Peak Base Camp (4065m.) 5-6 hrs trek.

Day 05: Trek to Junbesi (2700m), 5-6 hrs trek. Excursion to Thuptenchholing Monastery (3100m).

Day 06: Trek to Salleri (2379m), and visit Chiwong Monastery on the way if time allow.

Day 07: Drive from Salleri to Kathmandu. (A flight ticket can be arranged if you ask us; it costs USD 165 per person.)

Outline Itinerary

Cost Includes

- An experienced registered friendly local trekking guide.
- One sharing porter for 2 travelers (weight limit: 20-25kg plus their stuff).
- Meals: 6 Breakfasts, 7 Lunches, and 6 Dinners during the trekking.
- Teahouse and homestay accommodation during the trek.
- Kathmandu – Phaplu – Kathmandu by public sharing jeep.
- Trekking permits and entrance tickets
- Food, accommodation, and salary of your guide and porters.
- Insurance and trekking gear for the guide and porter.
- Tax, VAT, and office charges fees.

Cost Excludes

- Accommodation, meals and transfers in Kathmandu.
- Guided sightseeing in Kathmandu
- Hard drinks, beverages such as coke, fanta, mineral water
- Personal travel insurance, gear, internet, phone calls, laundry,
- Rescue operation charge in case of emergency.
- Tipping your guide and porter.