

Overview

Exploring the rarely traveled area in western Nepal and mystic Limi Valley is like entering back in time. Due to the isolated site, the villages are very untouched by modern development. Century old Buddhist traditions interwoven with shamanistic influences are still an important part of daily life here.

You will be going through the ancient salt trading and pilgrimage route to the border of Nepal and Tibet, journey remote area and crossing to the Nara La pass (4620 m) with magnificent views of the Himalayas. From the border town of Hilsa you turn northeast towards the Limi Valley.

During this trek you have a chance to spot the elusive snow leopard, Himalayan blue sheep, jackals, hyenas and musk deer. You sleep in authentic, small Buddhist villages and camp in amazing spots amidst the snow-capped mountains. Due to its remote location, Humla is still an “off the beaten trek destination”. Especially in spring and summer you’ll see very few tourists.

Outline Itinerary

Day 01 : Fly to Nepalgunj (200m)

Day 02 : Fly to Simikot and trek to Dharapuri (2300m)

Day 03 : Trek to Kermi (2870m)

Day 04 : Trek to Yalbung (3060m),

Day 05 : Trek to Talkot (3073m)

Day 06 : Trek to Yari (3663m)

Day 07 : Trek to Hilsa (3700m) via Nara La Pass (4620m).

Day 08 : Trek to Manepeme (3990m).

Day 09 : Manepeme to Til (4000m)

Day 10 : Rest day in Til (4000m)

Day 11 : Trek to Tatopani (3950m), via Halji (3670m).

Day 12 : Trek to Talung (4370m),

Day 13 : Trek to Shinjungma (3620m),

Day 14 : Trek to Kermi (2670m)

Day 15 : Trek to Dharapuri (2300m)

Day 16 : Trek to Simikot (2950m), approx 6 hours

Day 17 : Fly to Nepalgunj and to Kathmandu

Cost Includes

- All international and domestic airport shuttles during the trip in Nepal.
- 3 nights deluxe room in 3*** hotel in Kathmandu with breakfast on double occupancy.
- All meals: during the trip.
- All camping gear and kitchen utensils during the trek
- Well experienced, government registered and friendly guide.
- Cook, kitchen helpers and porters to carry all the food and trekking gear.
- Kathmandu – Nepalgunj – Simikot flight and airport taxes.
- Simikot – Nepalgunj – Kathmandu flight and airport taxes.
- All necessary Limi Valley Trekking permits.
- Food, tented accommodation and salary of your trip crew.
- Salary, insurance and trekking gear for trip crew.
- Government tax, vat and office service charges.

Cost Excludes

- Meals in Kathmandu except breakfast.
- Guided sightseeing and monuments entrance fees in Kathmandu
- All bar bills, beverages such as coke, fanta, mineral water
- Nepal visa, International flight, Toiletries and laundry service,
- Personal travel insurance, rescue operation charge in case of emergency.
- Gratitude and tips for guide and porters.