

## Overview

### 8 TO 10-DAY SUN KOSI WHITE WATER TRIP

Sunkoshi River Rafting, Sunkoshi River Rapids, Cost, Itinerary, Information, Agency, Duration, Map

Sun Khosi, meaning 'River of Gold' its life begins in Shisapangma, the 10th highest peak in the world in Tibet. This big river has been rated s one of the top ten river rafting trips in the world and listed as 'must to do while in Nepal' and runs downwards to Nepal through the Nepal's most remote and unspoiled places draining the highest mountains before it emerges in plains to join Ganga River in India. The Big rapids journey is 270km in warm water, no roads or towns, beautiful scenery and great camping makes this trip a classic multi-day river trip. A unique and an excellent experience of wilderness trip for intermediate or advance kayakers. Rafters should be reasonably fit and comfortable on big water.

#### Things to bring:

- T-shirt, swim wear for on the river, warm clothing for the evenings, fleece or a pullover.
- Sunscreen and lip protector, Sunglasses (with retaining device) and/or a cap
- Towel and Toiletries (environmentally friendly is best), Personal medication
- Flashlight, Footwear, Reading book, fishing hook if you do fishing.

#### Outline Itinerary

**Day 01 : Kathmandu - Dolalghat – Khalte Chayenpur:**

**Day 02 : Khalte Chayenpur – Likhu Khola:**

**Day 03 : Likhu Khola - Harkapur:**

**Day 04 : Harkapur - Rasuwa Ghat:**

**Day 05 : Rasuwa Ghat - Jungle Corridor**

**Day 06 : Jungle Corridor - Big Dipper:**

**Day 07 : Big Dipper - Tribeni Dovan:**

**Day 08 : Tribeni Dovan - Chatara:**

**Day 09 : Chatara - Kathmandu:**

## Cost Includes

- English speaking Safety certified Professional guides for Sunkoshi Rivaer Expedition.
- Professionally trained and certified safety kayakers.
- Gear raft support
- Quality rafting and kayaking equipment, including boats, kayaks, helmets, paddles.
- Camping accommodation and all necessary facilities including two man tents, shelters, simple mattress and sleeping bag, toilet tents, etc.
- safe drinking water
- Both way transportation (private car/van/bus)
- River permits.
- Included meals: 7 Breakfast, 8 Lunch & 7 Dinner
- All local applicable taxes

## Cost Excludes

- Transfers, accommodation and meals in Kathmadnu
- Soft and alcoholic beverages such as mineral water, coke Fanta, beer etc.
- Hotel accommodations and meals if you stay anywhere at the hotel during whole trip
- Emergency evacuation, internet, phone calls, things of personal use.
- Travel insurance and personal nature expenses.
- Tips for your guide and assistants.