

Overview

Trekking to Jomsom – Muktinath can be started from Pokhara or fly to Jomsom and trek to Muktinath then walk down to Pokhara or fly out from Jomsom; either one is possible. Muktinath is one of the most important pilgrimage sites for both Hindus and Buddhists and you encounter ascetic sadhus carrying trident and more than a blanket on the way. We see people selling saligram along the way to Kali Gandaki, a black stone that, when broken opens reveals the fossilized remains of prehistoric ammonites that lived here more than 140 million years ago,

It is believed that 'Visnu in Stone' as a legend god Visnu turned into stone by the beautiful and virtuous Vrinda he seduced her. We trek down to Tatopani through beautiful Thakali village of Marpha(2680m), the place of trekkers favorite, impressive kanis . And there is big Samtenling Gompa at Marpha. You can take healing bathe in the pond of natural hot spring in Tatopani which is 60 degree Celsius hot. You will walk through the Kali Gandaki Valley which was centuries before the primary trade route between the Tibet and India. This trek guarantees visitors for a wonderful landscape of natural beauties, great Himalayan scenery and unique tribal culture. No words to describe the beautiful panorama from Poon Hill/3210m.

Outline Itinerary

Day 01 : Kathmandu to Pokhara

Day 02 : Fly to Jomsom and trek to Kagbeni (2800m)

Day 03 : Trek to Muktinath (3800m)

Day 04 : Trek to Marpha (2670 m.)

Day 05 : Trek to Larjung (2560 m.) 3-4 hours easy walk and stay in lodge.

Day 06 : Side trip to Dhaulagiri Icefall and come back via Sekung Lake and stay in lodge

Day 07 : Trek to Ghasa (2000m) about 5 hours walk and stay in lodge.

Day 08 : Trek to Tatopani (1190 m), about 5.5 hours walk and stay in lodge.

Day 09 : Trek to Ghorepani (2855m), about 7 hours walk and stay in lodge.

Day 10 : Trek to Tadapani (2590m), 5 hours walk and stay in lodge.

Day 11 : Trek to Ghandruk (1940m), 3-4 hours walk and stay in lodge.

Day 12 : Trek to Nayapul, approx. 4-5 hours walk and drive back to Pokhara

Cost Includes

- Kathmandu – Pokhara – Kathmandu transfer by tourist bus.
- Pokhara – Jomsom by domestic flight and airport taxes.
- 2 nights deluxe room in 2** hotel in Pokhara with breakfast on twin /double occupancy basis.
- An experienced registered English speaking local Jomsom Muktinath trekking guide.
- Necessary porters to carry all personal and group equipment as per group size
- Meals: trekking breakfast during the trekking.
- Food, accommodation, salary and insurance of your guide and porter.
- Lodge accommodation during the trek on twin sharing basis
- All necessary Jomsom – Muktinath trekking permits.
- Government tax, vat and office service charge etc.

Cost Excludes

- Accommodation, meals and transfers in Kathmandu and Pokhara
- All bar bills, beverages such as coke, fanta, mineral water etc.
- Lunch and dinner during the trekking.
- Personal travel insurance rescue operation in case of emergency.
- Personal trekking gear, internet, phone calls laundry and toiletries
- Gratitude and tips for your guide and porter.