

## Overview

An adventurous and challenging Langtang Ganjala Pass Trekking ascends from 1470m, Syabrubesi, a day drive from Kathmandu then the trail follows Classic Langtang Valley Trek, until reaching Kyanjin Gumpa through Lama Hotel, Ghoda Tabela, culturally and traditionally rich Lantang Village. This trek is less trekked trail of the region because of its difficulty, requires some basic mountaineering knowledge and climbing equipment but offers an opportunity to explore Tibetan style Tamang Villages, high alpine pasture, spectacular close-up views of surrounding peaks and glaciers of Langtang Lirung (7246m), Kimshung (6781m), Langshisha Ri (6370m) with breath stopping views of Ganesh Himal, Dorje Lakpa, Yala peak, Naya kanga, Gaurishanker etc. is an entirely wilderness adventure experience and thrilling trekking for body and mind experience. After an exciting explore or acclimatization day in Kyanjin Gumpa we trek about 3-4 hours to Ngegang crossing Lantang Khola which is a last good place to camp then set up for awesome Ganjala Pass. There are some yak and goat herder's places and during the rainy season the carry bamboo mat to provide roof for huts. The trek from Ngegang to Keldang is hardest part of this trip via 5106m high Ganjala pass. The view from the top of pass is Lantang Lirung, Shishapangma (8013m) in Tibet are outstanding.

After crossing the Ganjala Pass, we enter to Helambu area, known as 'Yolmo Heritage' beautiful villages Malemchi Gaun, Tarke Ghyang, culturally and traditionally magnificent. The locals call themselves Sherpa but the different than Sherpa of Khumbu. The dialects spoken are also different. People here follow the Buddhist religion so we find many old Buddhist monasteries in the villages. Tarkeghyang is another Sherpa town along the way, which bears its own story. The town name means temple of "100 horses" and was taken from the name of a temple established in 1727 by a Lama (Buddhist monk) who was called on by the king of Kathmandu (Kantipur) to stop an epidemic. As his reward the Lama asked for 100 horses, which he brought here. The local temple, rebuilt in 1969, follows the Bhutanese style.

Many great Buddhist masters practiced in the area, including the Tibetan yogi Milarepa , Guru Rinpoche and Yolmopa Tertön Ngagchang Sakya Zangpo. Yolmo is famous for innumerable holy and sacred sites. Among the famous caves there are Tag-phug Sen-ge Jong (The Tiger Cave Lion Fortress) just below the village of Tar-kye Gyang, where Milarepa sang his "Song of a Yogi's Joys", Yang-dag Tsoe-ki Drag-phug (Completely Pure Supreme Cave) which is locally known as "Drub-phug" (Cave of Accomplishment) at an altitude of 14,000 feet, where Guru Rinpoche stayed. Nearby there is a small cave called "Khandro Sang-phug" (The Dakini's Secret Cave) where his consort Shakya Denma (Shakya Devi) stayed. Another cave of Guru Rinpoche is found in Pema-thang (Tibetan: Zema-Thang= Sandy Flats) a small hidden valley within Yolmo. Please kindly read more for Langtang Ganjala Pass Trekking itinerary, Ganjala Pass trek cost. We, GIH arrange experienced Ganjala Pass Trek guide and porter this adventurous trip.

## Highlights

- Adventurous and personal changing Ganjala Pass that is 5122m high from sea level.
- Isolated pristine classic Langtang valley inhabited by warm and welcoming Tamang people.
- Magically beautiful Himalayan Panorama, ancient old and impressive Buddhist monuments.
- Yak Cheese factories, Religious monasteries. shrines, Yolmo Culture, diverse flora and fauna
- Wildlife such as Red Panda, Snow leopard, Musk Deer, Black Bear, Tahr, Ghoral and common langur etc.

## Outline Itinerary

**Day 01 : Kathmandu - Syabrubensi (1470m). 6-7 hours drive. Stay overnight in Lodge.**

**Day 02 : Trek to Lama hotel (2324m); 5-6 hours of walk. Stay overnight in Lodge.**

**Day 03 : Lama Hotel - Mundu (3500m); 5-6 hours of walk. Stay overnight in Lodge.**

**Day 04 : Langtang - Kyanjin Gompa (3870m); 3-4 hours of walk. Stay overnight in Lodge.**

**Day 05 : Hike to Tserko Ri (4985m) 7-8 hours walk.**

**Day 06 : Kyanjing - Ganja La Phedi (4300m): 5-6 hour walk.**

**Day 07 : Phedi - Ganja La pass(5122m) - Keldang (4250m): 7-8 hour walk.**

**Day 08 : Keldang – Dukpu (4080m); 6-7 hours of walk.**

**Day 09 : Dukpu – Tarkeygyang (2600m); 6-7 hours of walk. Stay overnight in Lodge.**

**Day 10 : Explore Local culture and day hike to Malamchi Gaun. Overnight in lodge.**

**Day 11 : Tarkeygyang – Thimbu (1580m); 3-4 hours of walk. Stay overnight in Lodge.**

**Day 12 : Thimbu – Drive to Kathmandu. Stay overnight in Hotel.**

## Cost Includes

- An experienced registered English speaking friendly adventure guide.
- Assistant guide to look after the group and team as per group size.
- Porters to carry your main pack and camping gear.

- All meals: breakfast, lunch and dinner during the trek.
- Group first aid kit and water purifier pills.
- All ground transportation to and from Ganjala Pass trekking.
- Food, accommodation, salary and insurance of your guide and porters.
- All camping gear: Tents, sleeping mattress and kitchen utensils.
- All necessary trekking permits for Ganjala Pass Trek in Langtang.
- Government local taxes and company service charge.

## **Cost Excludes**

- Transportation, accommodation and meals in Kathmandu.
- All bar bills and beverages such as coke, fanta, mineral water
- Personal travel insurance and trekking gear.
- Toiletries, internet, phone calls and personal nature expenses.
- Rescue operation charge in case of emergency.
- Gratitude and tips for guide, porters and driver.