

Overview

Lower Manaslu Trekking, starts after driving 3 hours to Cable car station at Kuringtar and 10 minutes Nepal's first and only cable car to Manakamana Temple, the wish fulfilling and Royal Goddess of King of Gorkha, Lower Manaslu Trekking is recently introduced trekking trail into lower valley of Manaslu area in Gorkha District of Nepal. Trekking around lower Manaslu reards the trekkers with unique experiences of historic, religious, ecological, and cultural significances of Gorkha district, the earliest capital and origin of modern Nepal, late King Prithivi Narayan Shah started to unification of today's modern Nepal. Archaeological significance of historical Gorkha Durbar and backdrop are the most fascinating parts for the visitors who are interested on ancient history and architecture.

Beautifully settled villages, warm and welcoming locals and their unique culture and traditions, traditional art and craftsmanship and wonderful views of snowcapped mountains are the highlight for the tourist in Lower Manaslu Trek which gives full satisfaction of their journey for lifetime experience. We can visit Gorakhakli Temple, dedicated to the Goddess Kali, a royal family goddess, Gorkha musium.

Other main highlights of Lower Manaslu Trekking are Barpak Village, the village of army men and also recognized as village of the late Capt. Gaje Ghale who was honored with Victoria Cross Medal of Great Britain. The village has 24 hours electricity, internet and well organized home stay along with good hotels facility and bus access from Kathmandu during dry season. And Laprak Village, wooden roofed houses. Other notable feature of Laprak are Gurung culture and awesome landscape along breath taking Himalayan panorama from where a breath taking 180 degree panoramic view of more than 20 Himalayan peaks including Annapurna, Annapurna I, Annapurna II, Barashikhar, Gangapurna, Machhapuchhre, Langtang, Himal Chuli, Buddha Himal, Sringi Himal, Ganesh I, Ganesh II, Ganesh III and many other peaks are seen from Dharche Danda (hill). This view point is situated at the height of 3220m; the place offers best Mountain View than Poon Hill and Sarangkot view point in Annapurna region.

Staying and eating in home stay another opportunity to feel deep touch with locals and unforgettable experience of Nepal countryside people of Lower Manaslu. Best season for Lower Manaslu Trekking is March to May and September to December but perfect season for this trip is October and November. If given itinerary is not suitable for you, we can redesign another program as per your desire and holidays. We, Wilderness Excursion Pvt. Ltd operate Lower Manaslu Trekking as per your interest in very reasonable trip cost.

Outline Itinerary

Day 01 : Kathmandu - Sirandanda (1900m).

Day 02 : Sirandanda – Barpak Village (1920m)

Day 03 : Gupsi Danda (2800m)

Day 04 : Trek to Durali (1800m) via Dharche Danda (3300m)

Day 05 : Trek to Ghympesal and drive to Gorkha Bazar.

Day 06 : Gorkha Bazar - Kathmandu.

Cost Includes

- A registered English speaking local trekking guide.
- 1 Sharing porter between two trekkers (weight limit 25kg)
- Meals: 5 Breakfasts, 6 Lunches and 5 Dinners during the trek.
- Tea, coffee, cookies and fresh fruits during the trekking.
- Local ground transportations to and from trekking.
- Guide and porters wages with all their essential expenses.
- Lower Manaslu trekking permissions.
- Guide and porters insurance.
- Local taxes and service charges

Cost Excludes

- Transfers, accommodation and meals in Kathmandu.
- Bar and beverages drinks during the trek
- Personal trekking gear, toiletries and laundry services.
- Travel insurance and visa fee for Nepal,
- Rescue operation charge in case of emergency.
- Tips for your guide, porter and driver.