

Overview

Manaslu Trek via Tsum Valley, around mighty 8163 meter high Mount Manaslu and hidden valley of Tsum is unexpectedly popular among wilderness trekking keens. Manaslu region was opened for the trekkers only in 1995 and Tsum was also just released in 2008. Manaslu and Tsum Valley Trek in this geographically extra spectacular and culturally most mesmerizing area, that rewards the trekkers to discover ultimate nature and cultural heritage and experience the mountain life style in Tsum Valley and Manaslu. The residents of upper Bhudi Gandaki, a region known as 'Nup Ri' meaning Western Mountain are direct descendants of Tibetan immigrants and they settled here during early 16th century consequently their speech, dress and customs are absolutely similar to Tibetans in the North of Nepal. The Mountain Views in Nup Ri are sensational and iconic that you can find nowhere in the world. The dramatic Larke Pass after visiting Tsum Valley is thrilling life that experience.

Tsum Valley, also called "beyul" literally meaning "Hidden valley in which people can take refuge at times of political disturbance and where Buddhism can be practiced safely" is yet being explored and right place to trek for the travelling passionate. The valley is a blessed with Himalayan Buddhist pilgrimage site located in northern part of Gorkha district, Nepal. In another sense 'Tsum' meaning vivid against the majestic backdrop of the Ganesh Himal, Sringi Himal and Boudha Himal Ranges, this serene Himalayan valley is rich in ancient art, culture and religion. It is said that the Buddhist saint Milarepa is believed to be meditated in the caves of these mountains. The valley is home of some of the unique and historic monasteries, including Mu Gompa and Rachen Gompa, mani and prayer walls which lie on a pretty highland nestled in the lap of the valley and Gompa Lungdang, situated at the base of a conical hill against the main slope of Ganesh Himal. The tribes here celebrate many Buddhist festivals, perform ritual burning of juniper sense to purify the air and Mother Nature, place the prayer flags and install Mani Walls for happiness of the entire sentient living beings. The area is left behind from modernity so their culture remained as it is as it was centuries ago. The palace is really tempting for the trekkers. Here we have customized two itineraries for the Manaslu and Tsum Valley Trek and we Wilderness Excursion operate perfect and ideal mountain holiday in budget cost.

Outline Itinerary

Day 01 : Drive to Machha Khola (869m), 7 to hours by bus.

Day 02 : Trek to Jagat (1340m), 6-7 hours walk.

Day 03 : Trek to Lokpa (2240m), 5-6 hours walk.

Day 04 : Trek to Chhumling (2386m), 5 hours walk.

Day 05 : Trek to Chhekampar (3011m), 5-6 hours walk.

Day 06 : Trek to Nile (3310m), 6 hours walk.

Day 07 : Hike to Mu Gomba (3700) and trek to Chhekampar via Rachen Goma, 6-7 hours walk.

Day 08 : Trek to Lokpa (2240m), 7-8 hours walk.

Day 09 : Trek to Ghap (2300m), 6-7 hours walk.

Day 10 : Trek to Lho (3180), 5-7 hours walk.

Day 11 : Trek to Sama Gaun (3520m), 4-5 hours walk.

Day 12 : Rest day, Hike to Birendra Taal/Pungyen Gomba/ Manaslu Base camp (4400m).

Day 13 : Trek to Samdo (3780m), 3 -4 hours walk.

Day 14 : Trek to Larke Phedi (4460m) 4 hours walk.

Day 15 : Trek to Bimtang (3750m), via Larkey Pass (5100m), 8-9 hours.

Day 16 : Trek to Gowa (2515m), 6-7 hours walk.

Day 17 : Trek to Chyamje (1430m), 6-7 hours walk.

Day 18 : Drive to Besisahar (760m), drive to Kathmandu

Cost Includes

- A registered local experienced trekking guide.
- 1 Sharing Sherpa porter between 2 trekkers (weight limit 25kg)
- Meals: 17 Breakfasts, 18 Lunches, and 17 Dinners during the trek.
- Hot water during the trek (1 liter per person/day).
- Mountain lodge accommodation on twin sharing basis.
- Kathmandu to Machha Khola by private 4WD jeep transportation.
- Chyamje - Besisahar - Kathmandu by local sharing jeep/hiace van
- All shuttles from your hotel in Kathmandu for the trekking.
- Guide and porters wages with all their expenses.
- Manaslu Trekking Tsum Valley Permits.
- All taxes and documentation fees.
- Insurance and trekking gear of your crew.

Cost Excludes

- International airport transfers, hotel and meals in Kathmandu.
- Bar and beverage bills such as coke, fanta, mineral water, beer etc.
- Guided sightseeing and monuments entrance fees in Kathmandu.
- Laundry service, toiletries and other personal nature expenses.
- Hot shower, internet and phone calls
- Personal travel insurance and trekking gear.
- Rescue operation charge in case of emergency.
- Tips for your guide and porter.