

Overview

Gokyo Valley Trek, a short trip to Everest Region leads you to the beautiful and charming hamlet Gokyo Valley which is one of the highest settlements in the Himalaya of Nepal, is a very popular trekking route. The series of emerald green lakes along the Ngozumpa Glacier, thrilling hike up to Gokyo peaks and heart stopping view from there is unique experience. The route itself ends at Gokyo Ri, and trekkers typically turn around at this point and retrace their steps back to the trailhead. There are two alternative routes, one that leads to main Everest Base Camp trail to east over the Chola Pass (5420m, 17782 ft.), and other one Renjo La Pass (5417 m, 17767ft) to the west of Gokyo valley leads to cultural Thame Village (see Everest 3 Passes Trek).

Gokyo Peak known as a Gokyo Ri (5357m, 17 575ft. above sea level) is a peak in the Khumbu region of the Nepal Himalayas. It takes approximately 2 hours to climb it from hotel. Most of the trekkers start hike before dawn to experience the stunning sun rise view from the summit. From Gokyo Ri we can see the brilliant view of four 8,000 meter peaks - Mount Everest, Lhotse, Makalu, and Cho Oyu moreover beautifully reflected images of the snowy peaks in the aqua blue Gokyo lakes is awesome sight in the clear weather.

Outline Itinerary

Day 01 : Fly to Lukla (2800m) and trek to Phakding (2610m)

Day 02 : Phakding - Namche Bazaar (3440m); 5-6 hours walk

Day 03 : Rest and acclimatization day at Namche Bazaar.

Day 04 : Namche – Mongla (3975m); 4-5 hours walk

Day 05 : Tengboche - Machhermo (4410m) 5-6 hours walk.

Day 06 : Machhermo - Gokyo (4750m); 4-5 hours walk.

Day 07 : Hike up Gokyo Peak (5357m), explore and relax.

Day 08 : Gokyo - Dole (4090m); 5-6 hours walk.

Day 09 : Dole - Namche (3440m); 5-6 hours walk.

Day 10 : Namche - Phakding (2610m); 5 hours walk.

Day 11 : Phakding - Lukla (2800m); 3 hours walk.

Day 12 : Fly back to Kathmandu.

Cost Includes

- An experienced, government registered and friendly guide.
- Necessary trekking porters (weight limit 25kg per porter).
- Assistant guide as per group size.
- All meal: lunch, breakfast and dinner during the trekking.
- Tea, coffee, cookies, fresh fruits during the trip.
- Lodge accommodation during the trek.
- All breakfast for whole trip.
- Kathmandu – Lukla – Kathmandu Flight ticket and airport taxes.
- TIMS Card, Trekking permit, Office service charge and government taxes and vat etc
- Food, accommodation and salary of your guide and porters.
- Insurance and trekking gear for guide and porter.

Cost Excludes

- Transfers, accommodation and meals in Kathmandu.
- Hard drinks, beverages such as coke, fanta, mineral water
- Hot shower, hot water, wifi services charge during trekking.
- Personal travel insurance, internet, phone calls, laundry,
- Rescue operation charge in case of emergency.
- Gratitude and tips for guide and porters.